

BRANDYWINE VALLEY ASSOCIATION'S

Brandywine Polar Plunge

FAQs

Below you will find answers to frequently asked questions about the Brandywine Polar Plunge. If you have additional questions, please e-mail [Cindy Jaros](mailto:Cindy.Jaros@brandywinevalley.org), Development Director, or call her at 610-793-1090.

When and where is the Plunge?

Saturday, February 13, 2010. Registration opens at 10 AM and the actual plunge will take place at 11:30 AM at the Brandywine Picnic Park, 690 South Creek Road at Routes 52 & 100 in West Chester, PA.

How do I register for the Polar Plunge?

1. Visit www.brandywinewatershed.org to register online or print and return pre-registration form with registration payment to reserve Plunge T-shirt.
2. Solicit contributions from family, friends or businesses -- pledge form available online. All checks to be payable to BVA.
3. Bring all monies collected to the event. PRIZES are awarded for most money raised!
4. All plungers (whether or not they are pre-registered) must check-in/register at the event.

Who can plunge?

Anyone of any age can plunge but if you are under the age of 18, a Waiver Form must be signed by parent or guardian -- forms are available online.

Is there a way to sign up as a team?

Team participation is encouraged. When filling out your registration form, please note your team name & have your teammates do the same.

What's the minimum donation required?

For just \$35 in pledges or \$25 with student I.D. you can take the plunge! You'll also receive an official Brandywine Polar Plunge long sleeve t-shirt and bragging rights for braving the Brandywine! Plus, you may be eligible to win additional prizes for most money raised by individual or team participation.

What do I do if I can't collect all my pledges before the plunge?

We can only register you for the amount of donations you bring with you to the Plunge. Separate checks are acceptable and should be made payable to Brandywine Valley Association. If you receive donations after the Plunge, please mail them to Polar Plunge, Brandywine Valley Association, 1760 Unionville-Wawaset Road, West Chester, PA 19382.

Are there any tips for taking the plunge?

- * Bring a robe... put on while you wait to go in and even better once you get out.
- * ATTIRE: Swimsuit ONLY. Acceptable shoes required – sneakers or sandals with ankle straps are best.

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- * No T-shirts, flip flops or wet suits!
- * Bring a second pair of shoes to keep feet warm before & after plunge.
- * Bring extra towels or a blanket to stand on
- * Wear layered, loose fitting clothes and keep on until costume contest. Consider clothing that will be easy to get into after plunge.
- * If you are competing in the costume contest, stay clothed as long as possible until the designated costume judging time.
- * Plunge with a group of friends...it's more fun!
- * No diving! Or entering the water head first.

How many Brandywine Polar Plunges and Plungers have there been?

2010 marks the 3rd year for this event. Nearly 200 participants took the plunge in 2009 and raised nearly \$16,000 for BVA's conservation work and education programs in the watershed.

Will food and beverages be available?

Yes, hot chocolate and coffee will be available and Hickory House Catering will fire up the grill to provide burgers, hot dogs and fries! Chili and veggie burgers will also be available.

Who are the people in the orange suits?

The Polar Plunge is thankful to have Fame Fire Company's Water Rescue Team from West Chester on call to keep the plungers safe. Our event is a little zany and we take necessary measure to ensure everyone's safety. Fame Fire Company's highly trained individuals consider air and water temperature, creek current strengths, the amount of debris in the water and other creek conditions when taking position in the creek.

What happens if there is bad weather?

The Brandywine Polar Plunge will be held rain, snow or shine.