



## 2009 Brandywine Polar Plunge

### HOW TO REGISTER

1. Return pre-registration form below with registration payment to reserve Plunge T-shirt to be available on day of event.
2. Solicit contributions from family, friends or businesses -- pledge form included and available online. All checks to be payable to BVA.
3. Bring all monies collected to the event. PRIZES awarded for most money raised!
4. All plungers (whether or not they are pre-registered) must check-in/register at the event.
5. For more information call 610-793-1090 or visit [www.brandywinewatershed.org](http://www.brandywinewatershed.org)

**Please note:** If you are under the age of 18 the Splash Waiver Form must be signed by parent or guardian -- form available online.

### POLAR SPLASH TIPS

- \* Bring a robe... put on while you wait to go in and even better once you get out.
- \* ATTIRE: Swimsuit ONLY. Shoes required. No T-shirts or wet suits!
- \* Bring a second pair of shoes to keep feet warm before & after plunge.
- \* Bring extra towels or a blanket.
- \* Wear layered, loose fitting clothes... they're easier to get into after plunge.
- \* Plunge with a group of friends...it's more fun!
- \* No diving! Or entering the water head first.

---

### 2009 BRANDYWINE POLAR PLUNGE PRE-REGISTRATION FORM

**Registration Fee: \$30** Students register for \$20 with Student ID.  
DUE January 23, 2009 to reserve T-shirt. PLEASE PRINT CLEARLY!

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Street: \_\_\_\_\_ Employer: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Recruited By: \_\_\_\_\_ Plunge Team Name: \_\_\_\_\_

T-Shirt Size (please circle) Adult Sizes Only: S    M    L    XL    XXL    XXXL

Please make payments to **Brandywine Valley Association**

Enclosed is our check in the amount of \$ \_\_\_\_\_

Eligible for student discount, School Name: \_\_\_\_\_

We wish to pay by: \_\_\_ Visa \_\_\_ MC Name on card \_\_\_\_\_

Credit Card # \_\_\_\_\_ Exp.Date \_\_\_\_\_

Signature \_\_\_\_\_

Please Return to:    **Polar Plunge\* Brandywine Valley Association**  
**1760 Unionville-Wawaset Road, West Chester**  
**PA 19382 \* 610-793-1090**

YOUR SUPPORT WILL **HELP PRESERVE AND CONSERVE THE BRANDYWINE VALLEY'S NATURAL RESOURCES** FOR FUTURE GENERATIONS.